AUDIO: Norm Frauenheim breaks down Benavidez – Plant

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AUDIO: Caleb Plant Talks about Anthony Dirrell being Next Opponent

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t-Anthony-Dirrell-being-Next-Opponent-e1lu2ev

VIDEO: Caleb Plant Talks about Anthony Dirrell being Next Opponent

AUDIO: Giovanni and Raul Marquez talk Giovanni's Pro Career PLUS Canelo -Plant Thoughts

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Canelo Alvarez – Caleb Plant Press Conference Post fight Press Conference and Reaction

Unbeaten Caleb Plant Drops & Defeats Colombia's Juan De Angelin Main Event of Premier Boxing Champions TOE-TO-TOE TUESDAYS on FS1 & BOXEO DE CAMPEONES on FOX Deportes Tuesday Night fromSands Bethlehem Events Center in Bethlehem, Pa.

BETHLEHEM, PA. (August 23, 2016) — Undefeated Caleb "Sweet Hands" Plant (14-0, 10 KOs) dropped and dominated Colombia's Juan De Angel (18-5-1, 17 KOs) on his way to a unanimous decision victory Tuesday night in the main event of Premier Boxing Champions TOE-TO-TOE TUESDAYS on FS1 and BOXEO DE CAMPEONES on FOX Deportes from Sands Bethlehem Events Center in Bethlehem, Pa.

The Nashville-native was able to keep his perfect record intact and was in control from start to finish of his first

10-round bout. Plant was patient in the early rounds, looking to find the distance against his power-punching opponent.

Plant's offense began to break through in round three and in round four he caught De Angel lingering in the pocket and dropped him with a left hook. De Angel got to his feet but was never able to get his own offense going and spent much of the night trying to tie up the more aggressive Plant.

In the ninth round, a clash of heads caused a temporary halt in the action and saw Plant emerge with a cut on his head. Plant was able to battle through and and kept his momentum going throughout the remainder of the fight.

Plant was twice as accurate as De Angel and landed 30 percent of his punches compared to 15 percent from De Angel. The judges saw the bout the same and all scored it 100-89 after 10-rounds of super middleweight action.

The co-main event of the night saw a pair of Washington, D.C. welterweights do battle as David Grayton (15-1, 11 KOs) earned a victory over previously unbeaten Kareem Martin (8-1-1, 3 KOs) via a stoppage in the eighth and final round.

The southpaw Grayton pressed forward early and often, looking to disrupt Martin and keep him uncomfortable. Martin was sharp early on, especially with right hand counters. He was the more accurate fighter over the first three rounds, but the experience of Grayton began to take over.

As the fight went on, Grayton's attack gained effectiveness and Martin appeared to wear down from the constant pace. Grayton out threw Martin 537 to 308 and landed 172 punches to Martin's 106.

Grayton took control of the fight in the sixth round, hurting Martin early with a blistering body attack and rocked him late in the round with crisp uppercuts. By round eight, Martin had faded and Grayton sensed his moment. A left hand to the body dropped Martin early, and while he beat the count, Grayton quickly pounced and delivered a flurry that caused referee Benjy Esteves Jr. to stop the fight 41 seconds into the round.

Two-time Ecuadorian Olympian Carlos Gongora (6-0, 5 KOs) started the telecast off with an impressive first round stoppage of previously unbeaten Ronald Mixon (7-1, 6 KOs) in their light heavyweight clash.

Gongora wasted little time, feinting a right hook and following with a thudding overhand left that put Mixon on the mat immediately. The knockdown prompted referee Gary Rosato to wave off the count and stop the bout 1:16 into the first round.

Here is what the fighters had to say Tuesday:

CALEB PLANT

"It's another win in the bag. I had bounce in my legs for all 10 rounds. I was taking my time in there and I feel like I'm getting better each fight.

"I'll fight whoever my team has lined up for me. It feels great to win as a headliner. We're going to get right back in the gym and get ready for another fight."

JUAN DE ANGEL

"I felt the size difference in the ring. I trained for a southpaw and he came out righty. That caught me off guard. He was better tonight."

DAVID GRAYTON

"I was very motivated to perform well coming off of my loss. I wanted it more tonight and I wanted to make a statement to get back to where I belong.

"I knew I had him hurt late in the fight and I kept hitting

him with left hands. I stepped it up and got him out of there.

"I'm going to go back to the gym and train hard and wait for my next fight."

KAREEM MARTIN

"I lost a little focus and he caught me with a good shot that led to the stoppage.

"It was a good back and forth fight. We were both getting a lot of shots in. I just need to come back with more focus next time."

CARLOS GONGORA

"I was prepared and I analyzed his style and how he would fight. I knew I just had to connect with the right punch.

"I want to dedicate this victory to my family and my whole country. It was a pleasure to do it on FS1 and FOX Deportes.

"I am going straight to the top and I appreciate this opportunity to show the world who I am."

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In off-television action:

Wesley Triplett stopped Eric Newell in round three of their Heavyweight bout.

Triplett laned a right hand that apparently broke the jaw of Newell and the fight was stopped.

Triplett, 213.2 lbs of Youngstown, OH is 4-1 with 2 knockouts. Newell, 251 lbs of Bethlehem, PA is 8-4-3.

Carlos Rosario scored a 6th round stoppage in the final round of his lightweight battle with Cesar Garcia.

Rosario dropped Garcia just as the fight was ending with a

right hand. Garcia was counted out at 3:08.

Rosario, 133.4 lbs of Pennsauken, NJ is now 5-1 with 3 knockouts. Garcia, 134.5 lbs pf Baja California, MX is 11-21-1.

Daquan Johnson scored a 2nd round stoppage over Stephan Bass in a scheduled four-round welterweight bout.

Johnson ended things in round two with a hard left uppercut to the body. Bass got to his feet, but he could not continue and the bout was stopped at 1:35.

Johnson, 152.4 lbs of Cherry Hill, NJ is 2-0 with two knockouts. Bass, 151 lbs of Atlanta, GA is 1-3.

Yurik Mamedov won a four-round unanimous decision over Antonio Allen in a welterweight bout.

Allen was cut over his right eye in the second frame. In round three, Mamedov was cut on his forehead by a headbutt.

Scores were 40-36 on all cards.

Mamedov. 145.7 lbs of New York is 2-0. Allen, 147.2 lbs of Philadelphia is 0-3.

PBC on FS1 and FOX Deportes was promoted by King's Promotions.

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Highlights available at
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Deportes is sponsored by Corona Extra, La Cerveza Mas Fina.

Locals fighters,Rosario, Newell and Johnson take part in undercard action tonight at the Sands Bethlehem Event Center

BETHLEHEM, PA (AUGUST 23, 2016)—Carlos Rosario, Eric Newell and Daquan Johnson will headline the off-television undercard at the Sands Bethlehem Event Center tonight.

In the televised main event, that will be televised live on FS1 & Fox Deportes, undefeated middleweight, Caleb Plant (13-0, 10 KO's) of Ashland, Tennessee battles Juan De Angel (18-4-1, 17 KO's) of Barranquilla, Colombia. In the co-feature, Kareem Martin (8-0-1, 3 KO's) takes on David Grayton (14-1, 10 KO's) in a battle of Washington, D.C. based welterweights. Kicking off the broadcast, it will be a pair of undefeated light heavyweight's doing battle as Carlos Gongora (5-0, 4 KO's) of Brooklyn, New York fights Ronald Mixon (7-0, 6 KO's) of Los Angeles, California.

Tickets for the live event, which is promoted by King's Promotions, are priced at \$108, \$83 and \$58, not including applicable service charges and taxes and are on sale now. Tickets are available at www.ticketmaster.com. To charge by phone call Ticketmaster at (800) 745-3000.

Rosario (4-1, 2 KO's) of Pennsauken, New Jersey will square off with veteran Cesar Garcia (11-20-1, 5 KO's) of Baja, California, Mexico in a lightweight bout scheduled for sixrounds. After dropping his pro debut, the 25 year-old Rosario has won four in a row which includes his split decision victory over Victor Vasquez (4-1) on February 9th at the Sands Bethlehem Event Center.

The 27 year-old Garcia is a nine year professional who has been in the ring with ten undefeated prospects, which includes two bouts with Alejandro Luna and a fight with Saul Rodriguez. Garcia last saw action on January 29, when he dropped a sixround decision to Francisco De Vaca (13-0) in Montebello, California.

Newell of Bethlehem, PA has a record of 8-3-3 with five knockouts, will fight Wesley Triplett (3-1, 1 KO) of Youngstown, Ohio in a heavyweight bout scheduled for six-rounds.

The 33 year-old Newell is a six-year pro and is coming off a four-round draw with Randy Easton on June 28 at the Sands Bethlehem Event Center.

Triplett has been a professional for nearly two-years and will be looking to get back in the win column after being stopped in six-rounds to undefeated Jermaine Franklin (5-0) on March 26 in Youngstown, Ohio.

Johnson of Cherry Hill, New Jersey, won his only fight by stopping Adrian Wilson in four rounds on May 27 in Atlantic City. He will take on Stephen Bass (1-2) of Atlanta, Georgia in a four-round welterweight bout.

Opening up the night will see Yurik Mamedov of Brooklyn, New York make his professional debut against Antonio Allen (0-2) of Philadelphia in a welterweight bout scheduled for fourrounds.

Tuesday, August 23

6:00 p.m. SANDS BETHLEHEM EVENTS CENTER DOORS OPEN

Location: 77 Sands Blvd.; Bethlehem, PA 18015

6:30 p.m. FIRST BOUT

9:00 p.m. FS1 & FOX DEPORTES BROADCAST BEGINS

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CREDENTIAL DISTRIBUTION

Fight night credentials can be picked up on Tuesday, August 23, from 6:00 p.m. – 9:00 p.m. at the Backstage Entrance. Proper personal photo ID (Driver's license or passport) is required for credential pick-up.

For more information visit www.premierboxingchampions.com www.sandseventcenter.com,

http://www.foxsports.com/presspass/homepage and www.foxdeportes.com.

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www.facebook.com/foxdeportes and www.Facebook.com/the SBEC. Highlights available at www.youtube.com/premierboxingchampions. PBC on FS1 & FOX Deportes is sponsored by Corona Extra, La Cerveza Mas Fina.

Caleb Plant Training Camp Quotes

BETHLEHEM, PA. (August 18, 2016) – Unbeaten prospect Caleb "Sweet Hands" Plant is closing in on making the leap from prospect to contender and hopes to help cement that position when he takes on hard-hitting Juan De Angel in the main event of Premier Boxing Champions TOE-TO-TOE TUESDAYS on FS1 and BOXEO DE CAMPEONES on FOX Deportes Tuesday, August 23 from Sands Bethlehem Events Center in Bethlehem, Pa.

Televised coverage begins at 9 p.m. ET/6 p.m. and features undefeated light heavyweight prospects Carlos Congora and Ronald Mixon in an eight-round bout.

Tickets for the live event, which is promoted by King's Promotions, are priced at \$108, \$83 and \$58, not including applicable service charges and taxes and are on sale now. Tickets are available at www.ticketmaster.com. To charge by phone call Ticketmaster at (800) 745-3000.

Plant gave a training camp update and talked about his upcoming bout and more:

On fighting in his first 10-round main event on FS1...

"This is a big opportunity for me to show the fans that I have arrived. FS1 is seen by millions around the word and I'm ready to make a statement to a national audience. I've been working hard to get to this point and I'm going to shine."

On his matchup with Juan De Angel...

"Like all fights at this level, it's going to be a tough fight. I'm expecting to see a hungry fighter who has nothing to lose. I myself have everything to lose so I'm going to make sure I'm at my best when we step in the ring. De Angel has held some regional belts so I know he has some tricks up his sleeve. One thing I will do is dictate the pace."

On the landscape of the middleweight division...

"The middleweight division has plenty of talent. Gennady Golovkin has a stranglehold on the division at the moment but I'm gunning for him and anyone else that's in my way. First I have to get past this fight and then continue my march toward that world title."

On his recent training camp...

"My team and I have been working extremely hard. I've got all the right people in my corner helping me get to the top. I'm sparring with some really good fighters. I've taken my conditioning to new levels. My body is fresh and I'm amped up for this fight."

On his quest to become the first world champion to come out of Nashville, TN...

"To become the first world champion to come out of Tennessee would be incredible. I know I have a lot of hard work that needs to be done but I'm ready for the difficult challenge. Nashville needs a boxing champion and I know in my heart that it will happen. I'm just taking it one fight at a time."

For more information visit www.premierboxingchampions.com www.sandseventcenter.com,

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