

SHOBOX: THE NEW GENERATION WEIGHTS & PHOTOS

LAS VEGAS (November 5, 2015)– Weights for Friday night's ShoBox: The New Generation card at the Downtown Las Vegas Events Center across from The D Hotel. The 1st bout is at 6 PM PT with the ShoBox televised portion beginning at 7 PM PT. (The telecast will air on SHOWTIME at 10 PM ET/PT, delayed on the west coast)

Antoine Douglas 158.2 – Les Sherrington 159.6
(WBO International Middleweight Title)



Taras Shelestyuk 145.8 – Aslanbek Kozaev 147
(NABO Welterweight Title)



Keenan Smith 141.8 – Benjamin Whitaker 146.2



O'Shaquie Foster 136.2 – Samuel Teah 137



Fedor Papazov 134.6 – Miguel Gonzalez 136

Jeremy Nichols 147 – Issac Freeman 144.4

Hector Frometa 146.8 – Oscar Mora 146.2

Tickets are priced at \$100.50, \$75.50, \$40.50, \$25.50 and \$20.50 and are available for purchase at www.ticketmaster.com.

ShoBox: The New Generation Training Camp Notes

LAS VEGAS (November 4, 2015)–All eight fighters that will participate in this Friday, Nov. 6 ShoBox: The New Generation quadrupleheader at the Downtown Las Vegas Event Center have finished their training camps and are ready for the big night of boxing. The four bouts will be televised live on SHOWTIME (10 p.m. ET/PR, delayed on the West Coast).

In the main event, Antoine Douglas (18-0-1, 8 KOs), a world-ranked rising middleweight prospect, will put his undefeated record on the line against veteran Les Sherrington (35-7, 20 KOs) in a 10-round bout. In the co-feature, 2012 Olympian Taras Shelestyuk (12-0, 8 KOs) taking on Aslanbek Kozaev (26-1-1, 7 KOs) in a 10-round bout for NABO Welterweight Title and Keenan Smith (8-0, 3 KOs) will be battling Benjamin Whitaker (10-1, 2 KOs) in an eight round welterweight matchup. Opening the telecast, O'Shaquie Foster (8-0, 5 KOs) will be

taking on Samuel Teah (6-1, 2 KOs) in an eight round lightweight bout.

Below is what the fighters had to say as they finished their respective training camps:

Antoine Douglas—"I had a very productive training camp. I spent most of my camp in Colorado Springs at the Olympic Training Center. I had different sparring partners. I feel that I'm as ready as I can be. I'm ready to go."

Les Sherrington—"This will be a tough fight for me, Antoine can fight.

"My team and I feel Antoine is still young and eager. He will come at me pretty hard in the first few rounds, but I'm ready for him. I'm very confident that if I go out there and focus on what I do best, I will win."

This is my biggest fight by far, mate. I am 33-years-old and I'm ready to have my shot. This is my time to shine."

Taras Shelestyuk—"I'm very excited about my upcoming fight. Not only because it'll be televised on SHOWTIME, but also because it will be in Las Vegas, the mecca of boxing. I'm sure it will be spectacular bout, boxing fans will be at the edge of their seats.

"I watched my opponent's fights, he is a tough guy. I'm going to box him and crack his tactic.

"My team and I did a great job in training camp. I'm very content with my new trainer Eric Brown. I sparred 124 rounds. I'm absolutely ready."

Aslanbek Kozaev—"Training camp went well. I'm ready. I know Taras [Shelestyuk] very well. We have sparred a lot in the past."

O'Shaquie Foster—"This has been the best camp I have had so

far. I'm looking forward to this fight, but more importantly, I'm looking forward to showing what I can do on national television. This is a huge opportunity for me."

Samuel Teah—"My training camp was really good. We are still working. I can't wait to get in the ring and get the job done. I am excited and ready to go and make the best of this opportunity."

Keenan Smith—"Training camp is going well. I have my mind set on winning. I'm motivated and hungry. I am on weight and cannot wait until November 6th."

Benjamin Whitaker—"Camp went good, it was a normal training camp.

"I take this fight like I take every other fight. I take one fight at a time. Every fight is important."All eight boxers will be making their Las Vegas debut.

Tickets are priced at \$100.50, \$75.50, \$40.50, \$25.50 and \$20.50 and are available for purchase at www.ticketmaster.com.

GH3 Promotions quintet on display this Friday night in Las Vegas

Las Vegas (November 3, 2015)—This Friday night at the Downtown Las Vegas Event Center (DLVEC) across from The D Hotel, five members of the GH3 Promotions stable will be in action, with three being featured in nationally televised fights as part of a ShoBox: The New Generation card. (10 PM ET/PT).

In the main event, undefeated Middleweight, Antoine Douglas

(18-0-1, 12 KO's) will risk his world rankings that stand at number-nine by the WBA, number-fifteen by the IBF and number-11 by the WBO when he takes on Australian Les Sherrington (35-7, 19 KO's) in a fight for the WBA International and WBO International Middleweight titles. Sherrington is ranked number-twelve by the WBA.

In an 8-round Welterweight bout, Keenan Smith (8-0, 3 KO's) battles Benjamin Whitaker (10-1, 2 KO's).

In an 8-round Lightweight fight, O'Shanique Foster (8-0, 5 KO's) will fight Samuel Teah (6-1, 2 KO's).

In off-television bouts, Adam Lopez (13-0, 6 KO's) will take on an opponent to be named in a Featherweight scheduled for 8-rounds.

Cuban amateur star, Hector Frometa will make his pro debut against Abraham Calderon in a Welterweight bout scheduled for 4-rounds.

"This is a great opportunity for Douglas, Smith and Foster to shine on national television," said GH3 Promotions Vito Mielnicki.

"Antoine is on the cusp of a major fight and I think the fans will really enjoy seeing the national television debuts of Keenan Smith and O'Shanique Foster. Off-TV we will be showcasing Adam Lopez and Hector Frometa. Adam has had a couple of great fights on ShoBox and we expect him in a big fight in his next outing as he is already ranked number-seven by the WBA. Frometa is our next fighter who we believe will be that a star."

Tickets are priced at \$100.50, \$75.50, \$40.50, \$25.50 and \$20.50 and are available for purchase at www.ticketmaster.com

GH3 Promotions will be presenting another strong card on December 11th in at the Parsippany PAL in Parsippany, New

Jersey.

Details and bouts will be announced next Monday.

GH3 Promotions features undefeated Middleweight Antoine Douglas, Super Middleweight's Jerry Odom & Derrick Webster, undefeated Super Bantamweight Adam Lopez as well as Boxcino 2015 Jr. Middleweight Champion John Thompson, Jr., undefeated Welterweight's Jerrell Harris & Keenan Smith, Light Heavyweight Lavarn Harvell, Jr. Lightweight O'Shanique Foster, Super Middleweight Andrew Hernandez & Welterweight Hector Frometa to the GH3 Promotions stable.

Video: Time to Shine Promo

Antoine Douglas workout quotes and pictures

Antoine Douglas (18-0-1, 12 KOs) held a media workout at The Enigma Boxing on Tuesday as he prepares for his November 6 bout on SHOWTIME.

Douglas, a world-ranked rising middleweight prospect, will put his undefeated record on the line against veteran Les Sherrington (35-7, 20 KOs) in the main event of the prospect-oriented series ShoBox: The New Generation on Friday, Nov. 6, live on SHOWTIME (10 p.m. ET/PT) from the Downtown Las Vegas

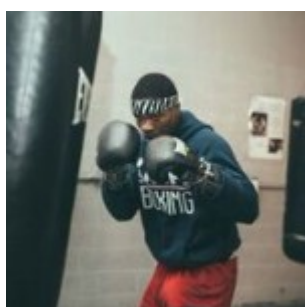
Events Center (DLVEC), across from the D Las Vegas in iconic Downtown Las Vegas.



ANTOINE DOUGLAS:

"I know my opponent is a tall southpaw. He likes to fight on the inside and smother his opponents with his punches. It's a good matchup. I can adjust to any boxer face.

"I'm satisfied with the way that my career has progressed, taking steps up with each opponent along the way. We're ready to take that next step, more toward a title shot.



"If all goes well with my fight against Les Sherrington I hope to start fighting on Saturday, make that move from ShoBox to SHOWTIME CHAMPIONSHIP BOXING.

"I see myself fighting for a world title in the near future. There are plenty names in the division that I look at, but

only a few guys that hold the titles. I look at Daniel Jacobs and Peter Quillin as guys that I would like to fight.



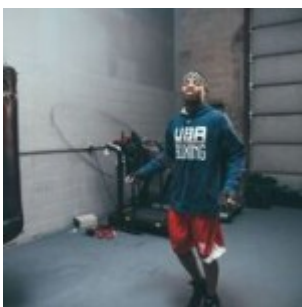
"The Jacobs vs. Quillin fight could go either way. I think I'm leaning more towards Quillin.

"I was born prematurely. Doctors told my family that I wouldn't be able to walk or see, but look at me now. My mom is always screaming at my fights because she's so proud of the fact that I've overcome so much.

"I grew up with my siblings bouncing around at different foster homes from the age of 5. I was running the streets because I didn't know any better.

"My cousin adopted us and he first introduced us to boxing.

"Boxing provided me with a family, structure and discipline. It has made me the person I am today and has brought me success so I can live a better life in the future."



My upbringing in the streets prepared me for my career in the ring. I have already been through the battle and if something was to stop me it would've already happened.

"My mom battled addiction when I was younger and she wasn't in

my life. She's now back in my life and it means a lot to me to have her supporting me with my career. I am also able to provide structure in her life.

"It would mean everything to me to have my mom and I celebrate a world title."

Lavarn "Baby Bowe" Harvell looking to impress in national television debut TONIGHT on ShoBox

Phoenix, Arizona (October, 23, 2015) – Tonight!! at The Celebrity Theatre in Phoenix, Arizona, Lavarn "Baby Bowe" Harvell will step into the ring for his national television debut against Samuel Clarkson in a 8-round Light Heavyweight that be part of a tripleheader on ShoBox: The New Generation (10:30 ET/PT) on SHOWTIME.

Harvell, who is promoted by GH3 Promotions weighed in at 177 pounds (same as Clarkson)

Harvell of Atlantic City has a record of 15-1 with 8 knockouts is looking forward to the exposure and the opportunity on Friday night.

"I had a great camp and had lots of different sparring between Virginia and Newark, New Jersey," said Harvell.

Harvell got an up close and personal look at Clarkson as he was ringside for Clarkson's 3rd round stoppage over Harvell's GH3 Promotions stablemate, Jerry Odom on July 17th.

"I was at his last fight. I think he is pretty one dimensional. He doesn't do well with boxers."

Harvell is looking at this as his time to shine and doesn't feel he needs payback for the fight against Odom.

"I look at this as just a fight between him and I. It's just me and the other fighter."

Harvell, who turned professional in 2011, has had a few stops and starts to his career, but at still just age 25, he feels it is his time to become a name in the 175-pound division.

"I believe it is about time that I started receiving the television bouts. I am ready for it and I always knew that I would be here. Now I have to show up and put on a great performance."

"A win puts me on a new level. This will open up doors that weren't opened before. When I win, I will become a player in the Light Heavyweight division. I am ready. It is my time to shine and on Friday night, I am going to take full advantage of this opportunity."

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ANTOINE DOUGLAS PUTS UNBEATEN RECORD ON THE LINE AGAINST LES SHERRINGTON IN MAIN EVENT OF SHOBOX: THE NEW GENERATION QUADRUPLEHEADER

NEW YORK (Oct. 22, 2015) – Unbeaten rising star Antoine “Action” Douglas will fight on ShoBox: The New Generation for a fifth time when he takes on Les “Lock N Load” Sherrington in a clash of world-ranked middleweights in the main event of a quadrupleheader live on SHOWTIME (10 p.m. ET/PT, delayed on the West Coast) on Friday, Nov. 6, at Downtown Las Vegas Events Center (DLVEC), across from the D Las Vegas in iconic Downtown Las Vegas.

The popular prospect-oriented boxing series premiered in July 2001 and has produced 63 world champions to date. Antoine’s fifth ShoBox appearance will tie him with eight other fighters for second place on the all-time list (the ShoBox appearance record is held by Chris Avalos with six appearances). All of the fighters with five or more ShoBox appearances went on to challenge for a world title, five triumphed -Andre Ward, Ishe Smith, Robert Guerrero, Kendall Holt and Badou Jack-and three fell short -Avalos, Mike Arnaoutis and Sechew Powell. A sixth five-time Shobox participant, Lateef Kayode, is scheduled to challenge WBA Cruiserweight World Champion Denis Lebedev on Nov. 4.

Douglas, of Burke, Va., is the WBA’s ninth-ranked contender. He will enter the 10-round bout for the WBA and WBO International 160-pound titles with a record of 18-0-1, 12 KOs. Australia’s Sherrington, the WBA’s No. 12th-rated contender, is 35-7, 30 KOs.

“Douglas has been consistently entertaining throughout his fights on ShoBox and is fighting another older, more-experienced opponent once again,” said ShoBox expert analyst Steve Farhood. “Part of the satisfaction of watching fighters develop on ShoBox is seeing them graduate to contender status. Douglas is just about at that point; he is taking his final classes.”

The 10-round ShoBox co-feature will match former international amateur standout and 2012 Olympic Bronze Medalist, Ukrainian southpaw Taras “Real Deal” Shelestyuk (12-0, 8 KOs), of Los Angeles, Calif. against experienced Aslanbek Kozaev (26-1-1, 7 KOs), of Vladikavkaz, Russia, in a welterweight bout.

Two eight-rounders will round out the four-fight telecast: southpaw “Killa” Keenan Smith (8-0, 3 KOs) of Philadelphia battles Benjamin “Da Blaxican” Whitaker (10-1, 2 KOs) of San Antonio in a super lightweight scrap and O’Shaquie “Ice Water” Foster (8-0, 5 KOs) of Orange, Texas, confronts “Tsunami Sam” Teah (6-1, 2 KOs) of Philadelphia in a lightweight match.

All but Douglas will be making their ShoBox debuts in an event promoted by GH3 Promotions and Banner Promotions. All eight boxers will be fighting in Las Vegas for the first time. Tickets are priced at \$100.50, \$75.50, \$40.50, \$25.50 and \$20.50 and are available for purchase at www.ticketmaster.com.

Douglas, 23, has been impressive in four consecutive victories since he boxed a draw with former world title challenger Michel Soro in an eight-rounder that was part of the 200th ShoBox telecast on July 25, 2014. Douglas has won his last two starts by knockout: on July 17, a third-round TKO over Istvan Szili and on March 13, a sixth-round TKO over Thomas LaManna.

“This is a very good matchup for me,” said Douglas. “I feel I’m in the right place on my career. I want to move up the ranks and earn a title shot.

“I have seen Sherrington and he is tall and long. He likes to

fight on the inside. He has lost to Sam Soliman. I've been in camp with Soliman and he's not a big puncher.

"This is my first fight in Las Vegas, I'm very excited. Las Vegas is the boxing mecca of the world. This is a huge step up for me."

Douglas, a top amateur who made it to the 2011 U.S. Olympic Trials, has been extremely active since turning pro in October 2012. He fought twice in 2012, nine times in '13, six times in '14 and this would be his third start this year.

Sherrington of Burleigh, Gold Coast, Australia, will be fighting outside of his native land for the first time in this, his U.S. and 2015 debuts. He's won two in a row and is 8-1 in his last nine fights, the loss coming to former IBF World Middleweight Champion Soliman in December 2013.

Since the bitter defeat to Soliman that knocked him out of the world rankings, Sherrington has been looking to redeem himself in a major matchup in a major stage. This is his opportunity.

"This fight is something I have been waiting my whole career for and I plan on giving it my best shot," he said. "I can't wait to get over to America and showcase my skills. Fighting top-tier fighters is all I've ever asked."

The well-conditioned 6-foot, 33-year-old Sherrington turned his career around after losing his pro debut in April 2002 and going 4-3 in his first seven starts. Since March 2006, he's 25-3 while winning several minor titles. In his last start on Dec. 2014 he captured the WBA Oceania Middleweight Title with a shutout 10-round decision over Samir Santos Barbosa.

Taras Shelestyuk made his debut at the late age of 27. A prospect at 147 pounds, he was an amateur standout (195-15) in Ukraine with extensive international experience. He was the Gold Medalist at the 2011 World Championships and a Bronze Medalist at the 2012 Olympics, both at 152 pounds.

The 5-foot-10 29-year-old, who was born in Makeevka, Ukraine, is trained by International Boxing Hall of Famer, Freddie Roach. Shelestyuk is a lefthander with solid skills, movement and punching power who has exclusively campaigned in the United States since turning pro in March 2013. He went 6-0 in 2013, 3-0 in 2014, and is 3-0 this year. He's coming off a unanimous eight-round decision over Juan Rodriguez last April 3 in Ontario, Calif. He's gone eight rounds twice.

Regarding his nickname, Shelestyuk said, "My nickname is 'Real Deal,' and it means that I prove what I say in the business that I do."

Kozaev, 29, 5-foot-7, is making his 2015 debut and fifth U.S. start. He won his first two before losing his outing before last on a 12-round decision to prospect Ray Robinson in an NABO welterweight title fight on Feb. 21, 2014. He's short for the welterweight class and is spotting Shelestyuk 3 ½ inches in height.

Smith, the 2008 National Golden Gloves Featherweight Champion and a 2007 Junior Olympic National Champion, turned pro in April 2010-at 130 pounds.

The 5-foot-7, 25-year-old will be making his fourth start of the year after fighting just one time in both 2012 and 2011. He's won two of his three fights in 2015 by knockout, including an easy second-round knockout over Lavell Hadley last Aug. 15 in Atlantic City. This will be his second fight since signing with GH3 Promotions and his first since his mother died in late September.

"This has been a rough training camp as my mom passed away and we had the funeral on Sept. 29," Smith said. "Going through that is extra motivating and I am dedicating this fight to her. I am excited to be in my first television bout. I can't wait for Nov. 6."

Smith went 72-4 in the amateurs. Two of the victories came

against current world-ranked contender Amir Imam.

Whitaker, a 5-foot-9, 31-year-old, has fought in Texas in all but one of his fights. He's been impressive in his three fights this year, winning them all by clear and convincing eight-round decisions.

Whitaker produced a career-best victory two outings ago when he soundly out-tallied previously undefeated knockout artist and local favorite, Skender Halili. Also, Whitaker captured the vacant WBC United States (USNBC) and U.S.A. Texas State Super Welterweight titles by outpointing Rodolfo Gomez on Jan. 16 in Laredo.

"Talk is cheap, this fight is going to be a war," said Whitaker, a three-year pro who was victorious in his first seven pro fights and also owns a win over previously undefeated Felipe Rivas. "He wants to keep his undefeated record but I am trying to get to where I want to be."

Foster, 22, will be making his eight-round debut. A pro since August 2012, he's made short work of his last two opponents, scoring opening-round knockouts over Darius Jackson (1:03) and Frank Jordan (1:26) on Sept. 26 and Aug. 22, respectively.

"It is going to be a great fight. I am glad for the opportunity," said Foster, who's been brought along carefully after a 100-plus amateur career in which he advanced to the 2012 U.S. Olympic Games Trials where he lost to unbeaten pro prospect, Joseph "Jo-Jo" Diaz.

"I have been training really hard. I have looked at Teah and he throws a lot of wide and wild punches. I am looking forward to fighting in Las Vegas."

The 2011 Houston Golden Gloves and 2010 PAL National Champion, Foster was a five-time Ringside National Champion and two-time National Junior Golden Gloves Champion.

Teah, 28, a lightweight, will also be making his eight-round debut. All seven of his previous starts have been scheduled for four rounds. Since suffering his lone setback on a majority four-round decision to undefeated Lavidas Williams on July 25, 2014, Teah has won two in a row, both on shutout four-round decisions, including a 40-36 whitewash against Raymond Velez in his lone start this year on July 17.

Barry Tompkins will call the ShoBox action from ringside with Farhood and former world champion Raul Marquez serving as expert analysts. The executive producer is Gordon Hall with Richard Gaughan producing and Rick Phillips directing.

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About ShoBox: The New Generation

Since its inception in July 2001, the critically acclaimed SHOWTIME boxing series, ShoBox: The New Generation has featured young talent matched tough. The ShoBox philosophy is to televise exciting, crowd-pleasing and competitive matches while providing a proving ground for willing prospects determined to fight for a world title. Some of the growing list of the 63 fighters who have appeared on ShoBox and advanced to garner world titles includes: Andre Ward, Deontay Wilder, Erislandy Lara, Shawn Porter, Gary Russell Jr., Lamont Peterson, Guillermo Rigondeaux, Omar Figueroa, Nonito Donaire, Devon Alexander, Carl Froch, Robert Guerrero, Timothy Bradley, Jessie Vargas, Juan Manuel Lopez, Chad Dawson, Paulie Malignaggi, Ricky Hatton, Kelly Pavlik, Paul Williams and more.

About Downtown Las Vegas Events Center

Located at the corner of Third St. and Carson Ave. across from the D Las Vegas, the Downtown Las Vegas Events Center can accommodate up to 11,000 guests and features state-of-the-art stage, sound and lighting. The open-air design is inviting to both tourists and locals and offers the perfect spot for concerts, conventions and other large-scale events. Embracing

the uninhibited spirit of Downtown Las Vegas, the new venue plays host to a line-up of curated events including premier concerts, food festivals and more. The venue is also the first entertainment arena in Las Vegas to accept Bitcoin as currency. For more information, visit www.dlvec.com or follow on Facebook, Instagram and Twitter at @DLVEC.

GH3 Promotions signs Cuban amateur standout Hector Frometa to promotional contract

Nutley, New Jersey (October 20, 2015) – Vito Mielnicki's GH3 Promotions is pleased to announce the signing of Welterweight Hector Frometa to an exclusive promotional contract.

Frometa of Cuba had an outstanding amateur career as he amassed a record of 195-22 for the most distinguished amateur program in the world.

He has traveled the world and has won many amateur tournaments.

"We are excited to add Hector to our stable," said GH3 Promotions president, Vito Mielnicki. "He comes from the great Cuban amateur system and with that pedigree and his hunger to be great, we feel we have added another top prospect to the company."

"I am very blessed and happy to be with GH3 Promotions. I am very thankful and I am 150% focused in becoming a world

champion,” said Frometa.

Frometa has been called a good boxer who is aggressive.

Frometa will make his pro debut on November 6th on the off-tv portion of a ShoBox: The New Generation show in Las Vegas.

“I am so happy that my first fight will be in Las Vegas. I will be able to show my skills in front of the best boxing people in the world.”

The 2-time Cuban National champion has been in the United States for three months and excited to be in his adopted home of Miami.

“It was tough in Cuba. It was hard to live there. I had to fight like a dog just to get to the United States. I will make the most of this great opportunity. I consider myself a real student of boxing as I eat, drink and sleep the sport.”

“I just want to say that a storm is coming. I plan to take over the 147-pound division and show why Cuban boxers are the best,” finished the 24 year-old Frometa.

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VIDEO: WORLD WAR III WEIGH IN

**Video: John Thompson media
workout**