Cruiserweight Knockout Artist Carita Sets Team With Hiring of Connecticut Trio

Boston's Vinnie Carita (24-1-1, 23 KOs) is no stranger to taking care of business inside the ring. With a knockout rate of nearly 89%, Carita is one of New England's most explosive finishers. A lifelong boxer, after finishing an amateur career with over 100 fights, Carita has won the WBC Latino Cruiserweight TITLE and the ABF Continental Americas Cruiserweight Title within the last two years.

Though not being active in the ring since 2019 due to the COVID-19 Global Pandemic, Carita has been working on bolstering his team outside of the ring with the hiring of Danbury, CT. based boxing advisor A.J. Galante and trainers Dave McDonough and Bennie Little. Galante said he was initially shocked to hear that Carita wanted to meet him at his gym Champs Boxing Club, located in Danbury, "I received a call from Vinnie's most recent trainer Jason Bailey who had just recently moved to California. He told me Vinnie was interested in working with our team here. I was a bit taken back being that we are 3 plus hours from Boston, but I was extremely excited at the prospect and challenge in working with a guy like Vinnie. I truly believe he's a diamond in the rough and I know our team can help get him to the next level." Working Carita's corner will be long time trainers Dave McDonough and Bennie Little, who also train rising prospect Omar Bordoy Jr (10-1), Geoffrey Then (1-0), Troy Artis (5-9-1) and newly crowned New England Heavyweight Champion Mike Marshall (4-1), among others.

The Promotional Free Agent Carita feels he is set up for a breakout year in 2021, "I'm truly excited to be working with AJ, Dave and Bennie. The past few months I've been training in

Danbury and we have all cliqued right away. For the majority of my career I've had to do everything essentially alone, but I finally feel I have a team that can help me get to bigger and better things."